

# Management Dashboard

AB EX, division DU

Chef: Lars Niklasson

Screening maj 2010

Share (today %)	Possible in 12 month (%)	Possible in 48 month (%)	Sweden today(%)
-----------------	--------------------------	--------------------------	-----------------

SUMMARY	Healthy group	41%	77%	95%	41%
---------	---------------	-----	-----	-----	-----

	Risk group	59%	33%	5%	59%
--	------------	-----	-----	----	-----

Acute low level of fitness (<28)	30%	16%	0%	30%
----------------------------------	-----	-----	----	-----

Dangerous level of fitness (28-34)	25%	15%	5%	25%
------------------------------------	-----	-----	----	-----

Testvalue $\geq$ 35, but too low to age	30%	44%	40%	30%
---	-----	-----	-----	-----

Testvalue $\geq$ 35, right for age	15%	25%	55%	15%
------------------------------------	-----	-----	-----	-----

Smokers (daily)	12%	8%	0%	12%
-----------------	-----	----	----	-----

Psychological factors & testvalue $\geq$ 35	2%	1%	0%	2%
---	----	----	----	----

Number of employee: 200 st

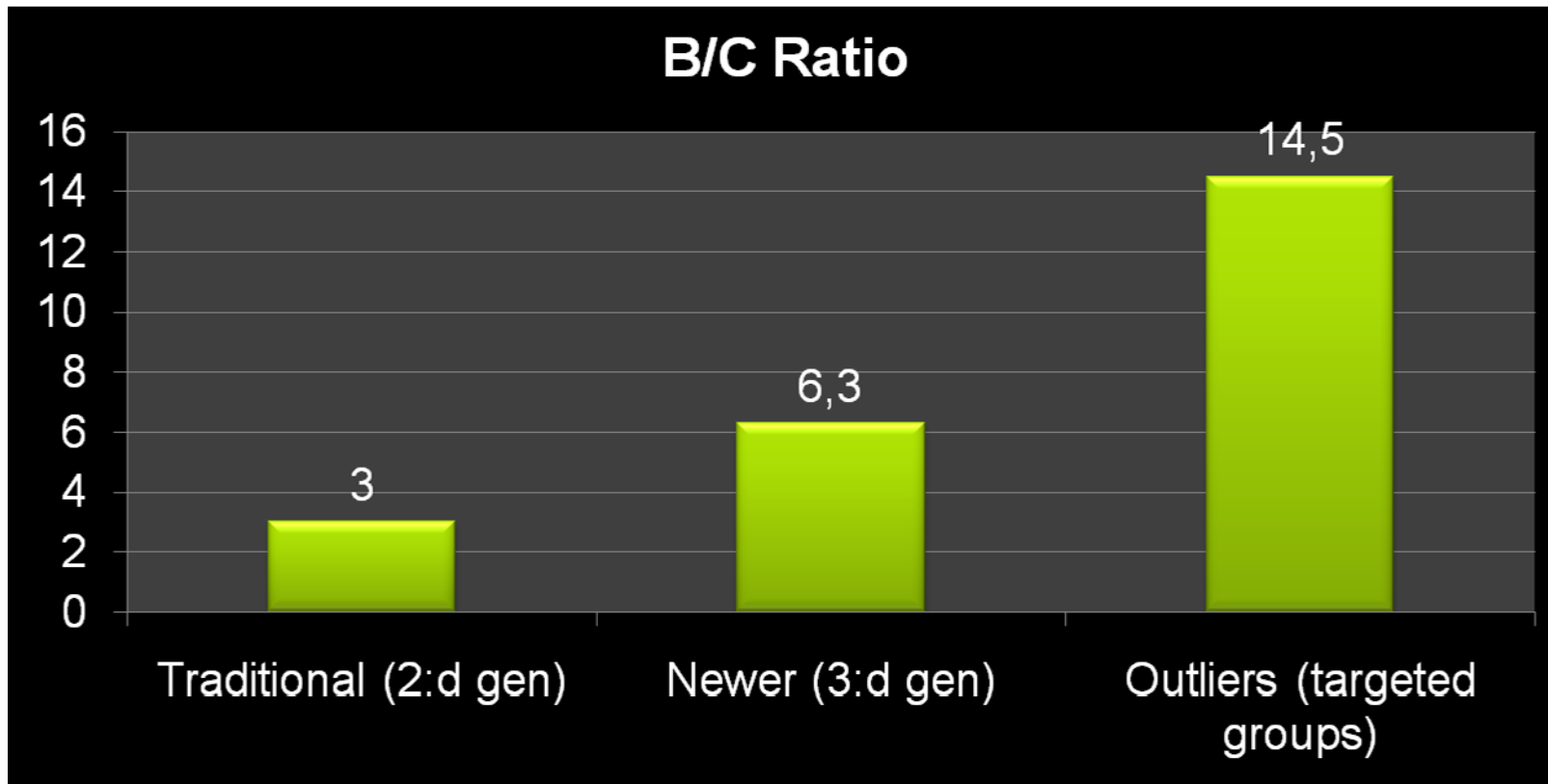
Rank: 3 (5) (in this company)

Lifestyle metrics (average) 2010: 5,4 (of 9,0)

Possible lifestyle metrics 2011: 6,5

Possible lifestyle metrics 2014: 8,2

# B/C Ratio in Workplace Wellness



Accept no less than a B/C Ratio of 4-5  
(4-5 times return on the original investment)